

JANUARY DIARY

- January 5** **Epiphany**
9.30 Rise & Shine
4.30pm Service of Healing and Wholeness
And Holy Communion
- Tuesday 7 7.30pm Benefice Prayer Meeting
- Wednesday 8 10am Holy Communion
- January 12** **FIRST SUNDAY AFTER EPIPHANY**
10.30 Family Communion
- Wednesday 15 10am Holy Communion
- Thursday 16 7.30pm Grid Meeting
- Saturday 18 9am Prayer Breakfast
2pm Holy Baptism
- January 19** **SECOND SUNDAY AFTER EPIPHANY**
10.30 Prayer and Praise
4.30 Holy Communion
- Wednesday 22 10am Holy Communion
- January 26** **THIRD SUNDAY AFTER EPIPHANY**
10.30 Parish Communion
12.15 Holy Baptism (3)
- Wednesday 29 10am Holy Communion

TRUTH AND POST TRUTH

I'm writing this before, and you are reading it after, the Election result. In the run up to the Election, one of the areas debated in the television interviews of politicians was Truth. Can the electorate be sure that politicians are telling the truth? Can we believe the parties when they give their wish lists (manifestos) for spending tax-payers' money & can we believe the reforms they are promising? Lord Carrington was Foreign Secretary when Argentina invaded the Falklands in 1982. He took full responsibility for the complacency of the Foreign and Commonwealth Office in its failure to foresee this development, and for the misleading signals sent by the Foreign Office on British intentions for regaining control of the Falklands. Within 3 days of the start of the invasion he resigned. It was seen at the time as the right, honest & truthful thing to do & he was commended for doing it. Post truth politics is a culture first described by the American playwright Steve Tesich (1)

His writing was influenced by the Watergate scandal (1972), the IranContra scandal (1985-7) and the Persian Gulf war (1990). Rather than drawing on the facts, the culture instead appeals to the emotions. It incorporates false news websites and a false balance in news reporting. In this culture, lies stop being treated as something inexcusable and start being viewed as acceptable. Rebuttals to these lies are treated as smears and scaremongering. The truth itself is treated as false news. False rumours are calculated to sway public opinion.

The Internet, by allowing us to choose where they get our information, may reinforce our opinions, which may not be based on fact Jesus, in his earthly ministry was concerned about Truth. The line "Let your yea be yea and your no be no" we may attribute to the singer Jimmy Cliff but the words were first spoken by Jesus in the Sermon on the Mount (2). Jesus also claims to be the "Way, the Truth and the Life" (3). These are claims, which, as Christians, we believe. Truth leads to honesty & trust. Trust shapes a happy, healthy community.

1. 'The Nation' essay by Steve Tesich (1992)

2. Matthew 5 37

3. John 14 6

David Bailey

FLOWER ROTA

DATE	HIGH ALTAR	LADY ALTAR	MEMORIAL ALTAR
January 6	Flower Fund	Flower Fund	-
January 13	Flower Fund	Flower Fund	-
January 20	Flower Fund	Flower Fund	Eileen Salt
January 27	Flower Fund	Flower Fund	-
February 3	Flower Fund	Flower Fund	-

We would like to thank all those who did the flower arrangements for Christmas and all those who made donations

Pam Draper

COFFEE ROTA

January 5	Nicola and Rosie
January 12	Pam
January 19	Sophie and Jo
January 26	Jane

*Many thanks for all your help with the coffees after church.
If you are unavailable for your turn please arrange for someone else to do your session and change the master copy in church (and let me know if possible).*

Thanks, Nicola 01179 616629

CLEANING ROTA

Week Commencing:

January 6	Mr. & Mrs. B. Draper
January 13	Mrs. S. Price, Miss K. Price
January 20	Mr. & Mrs. Wilshire
January 27	Mrs. V. Lee & Mrs. S. Hanney

Thanks, Pam Draper

***Volunteers for any of the rotas would be very much appreciated,
if you can help, please contact Margaret Fletcher
on 9616629***

WELCOMER'S ROTA

DATE	MORNING	EVENING
January 5	Beryl Holder	Eileen salt
January 12	Brian Draper Helen Willcox	No Service
January 19	Martin Hanney Nina Hanney	Eileen Salt
January 26	Karen Mayo Chris Eames	No Service

COPY DATE

Copy for of our February 2020 magazine should be with me by **Sunday 19th January** at the latest please.

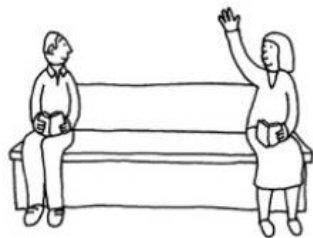
Brian Draper, Magazine Editor

NEW YEAR'S RESOLUTIONS

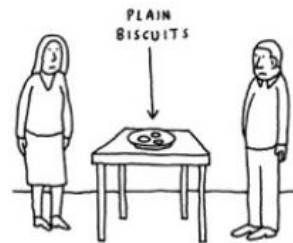
HOW THE CHURCH CAN HELP



EXERCISE



MEETING NEW PEOPLE



HEALTHY EATING

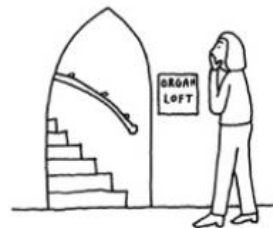


GETTING ORGANISED

AT THE PCC WE'LL DISCUSS THE APCM,
CW VS THE BCP, THE LLM'S CRB,
AND THE OLM'S BAP. OH, AND
THERE ARE LETTERS FROM THE DAC,
THE DDO, THE HOB AND THE ABC



LEARNING A NEW LANGUAGE



TRAVELLING TO NEW PLACES

WARMLEY WARBLINGS

We remember in our regular prayers, those of our church family who have been unwell, thinking in particular of Mervyn and Lil Little, Martin Pullin, Lydia Hughes and Roger and Pauline Newman, we wish them all well.

As usual, we remember all of our friends who are in residential or nursing homes at this time, Grace Watson, Eileen Penny, John Short, Marjory Cox and Rita Jones.

Unfortunately, December proved to be a really sad month for many of us in St. Barnabas Church. Three of our much loved church members passed away and there were two funerals, Mike Watson on Friday December 6th and Betty Clease on Tuesday 17th. There was also a Thanksgiving Service for William Coltman on Monday 16th following a previous private cremation. All the services were conducted with dignity and compassion and were well attended. All of these people were loyal and regular members of St. Barnabas and contributed much to our church life in so many ways. They will be very sadly missed by those of us in St. Barnabas and we send our love, sympathy and prayers to all who have been bereaved, especially over the Christmas period.

We thank all those responsible for our Advent and Christmas Services and those whose hard work, skill and commitment made St. Barnabas look so beautiful and welcoming over the festive period and we look forward with optimism and enthusiasm to the year ahead.

Brian Draper

THE CHILDREN'S SOCIETY

On behalf of The Children's Society I would like to thank all box holders whose donations this year totaled £236.00,

Thankyou
Wendy Pullin, Children's Society Boxholder representative

6th JANUARY, EPIPHANY - WHERE DID THE WISE MEN COME FROM?

Magi from the East – it isn't a lot to go on. The Magi had originally been a religious caste among the Persians. Their devotion to astrology, divination and the interpretation of dreams led to an extension in the meaning of the word, and by the first century the Magi in Matthew's gospel could have been astrologers from outside of Persia. Some scholars believe they might have come from what was then Arabia Felix, or as we would say today, southern Arabia.

It is true that in the first century astrology was practised there, and it was the region where the Queen of Sheba had lived. She of course had visited Solomon and would have heard the prophecies about how one day a Messiah would be born to the Israelites and become their king.

Matthew's gospel (chapter 2) is clear that the Magi asked Herod: 'Where is the One who has been born king of the Jews? We saw His star in the east and have come to worship Him.' So it is possible that in southern Arabia the Queen of Sheba's story of how a Messiah would one day be sent to the Israelites had survived. Certainly, there are a number of other early legends that connect southern Arabia with Solomon's Israel.

To many people this makes sense: that the ancient stories of a Messiah, linked to later astrological study, prompted these alert and god-fearing men to the realisation that something very stupendous was happening in Israel. They realised that after all these centuries, the King of the Jews, the Messiah, was about to be born.

One more interesting thing that gives weight to the theory that the magi came from southern Arabia is this: if you study any map of Palestine as it was during biblical times, you will find that the old Arabian caravan routes all entered Palestine 'from the East'.

ST. PAUL: THE FIRST CHRISTIAN INTELLECTUAL

This month, on 25th January, the Church celebrates probably the most famous conversion of all. At least, what happened to a young man called Saul on the road to Damascus has become a byword for all instant conversions – what is known as a ‘damascene’ moment. Saul was a devout Jew, a Pharisee, a student of Gamaliel and a fierce critic of the followers of Jesus, then a very new sect on the religious scene.

On his way to Damascus to organise a purge of Christians in that city, he was blinded by a bright light and heard a voice saying, ‘Saul, Saul, why are you persecuting me?’ He asked the identity of the voice, and it replied, ‘Jesus, whom you are persecuting’. Stunned by the experience, he followed further instructions which led him to a Christian man in Damascus, who prayed with him. As he did, Saul’s sight was restored.

The experience convinced him that Jesus – crucified in Jerusalem four or five years earlier – was in fact the Messiah and had risen from the dead. After a period of instruction, Saul was baptised and took the name by which history has recognised him, Paul. At first, some Christians were wary about the reality of his conversion, but over a period of time he was accepted and indeed eventually recognised as an ‘apostle’, a ‘special messenger’ of Jesus Christ.

His intellectual stature and leadership gifts quickly marked him out, and within a few years he became a leading figure in the emerging Christian Church, preaching and founding churches all over the Middle East, largely of Gentile converts. He was eventually martyred in Rome, probably in 65AD.

Paul was the first intellectual of the Christian Church, the man who was able to set the events of the life and teaching of Jesus, and especially his death and resurrection, into a coherent theology, with its roots very clearly in the Jewish faith of his own upbringing. He’s not always easy to follow. Even the New Testament admits that: ‘there are some things (in his letters) hard to understand’ (2 Peter 3:16). But at the same time he gave the new faith a foundation and credibility which have stood it well down the centuries.

Many people think of Paul as a rather negative, narrow misogynist, but even a quick reading of his letters actually reveals a person of great warmth, who evoked enormous affection and devotion from others. ‘You would have plucked out your eyes and given them to me!’ he writes to the Christians at Galatia. He was, of course, a man of his time and culture, in days when women were disregarded in terms of status and leadership.

But read his letters, and see how large a role women play in them and how much scope he gave them to lead and teach in the Church. In terms of the first century, St Paul was a dangerous liberal! So all in all, the amazing Paul of Tarsus deserves a bit of celebrating on 25th January.

WHAT HAS HAPPENED TO OUR LANGUAGE?

For the last several months, I have become increasingly more annoyed with the way our beautiful language has been usurped by terms that are totally meaningless. Phrases such as 'amazing', 'phenomenal', 'awesome' 'epic' and 'legendary' are used to describe ordinary events. We hear, it was from the 'get-go' or 'they smashed it' 'pushing the envelope' 'thinking outside the box' 'having all their ducks in a row' 'please give it up for....' etc., etc. What does it all mean? What box, what envelope, give what up and whose ducks?

If you go on a bus, there was a time when you heard conversation, now, most people are staring at a screen! Of course, hardly anyone writes letters anymore, we need to be able to text and also learn all of the text abbreviations, I watch in amazement as fingers fly at lightning speed across screens.

On many television programmes, it is very common for presenters to say 'I love him or her' when such an expression used to apply to someone you had deep feelings for, often now, it is said to total strangers! Questions are answered with the first word often being 'so.....' Frequently I hear people, usually youngsters talking and saying 'he or she was 'like' then I was 'like', what does it all mean?

I think much of the blame rests with the increasing use of social media and the addiction to web sites where words are secondary to images or catch phrases. Texting is taking over from real conversation.

I accept that I am out of touch with current teaching of English in schools but is grammar not taught anymore and punctuation even less! A local hostelry has a sign outside advertising 'pie's' and 'pasty's'.

I guess I am old fashioned and not 'with it' but I do find this trend irritating, but here's another 'at the end of the day' (whenever that is) maybe things will improve, what do you think?

Brian Draper

CROSSWORD CLUES FOR JANUARY

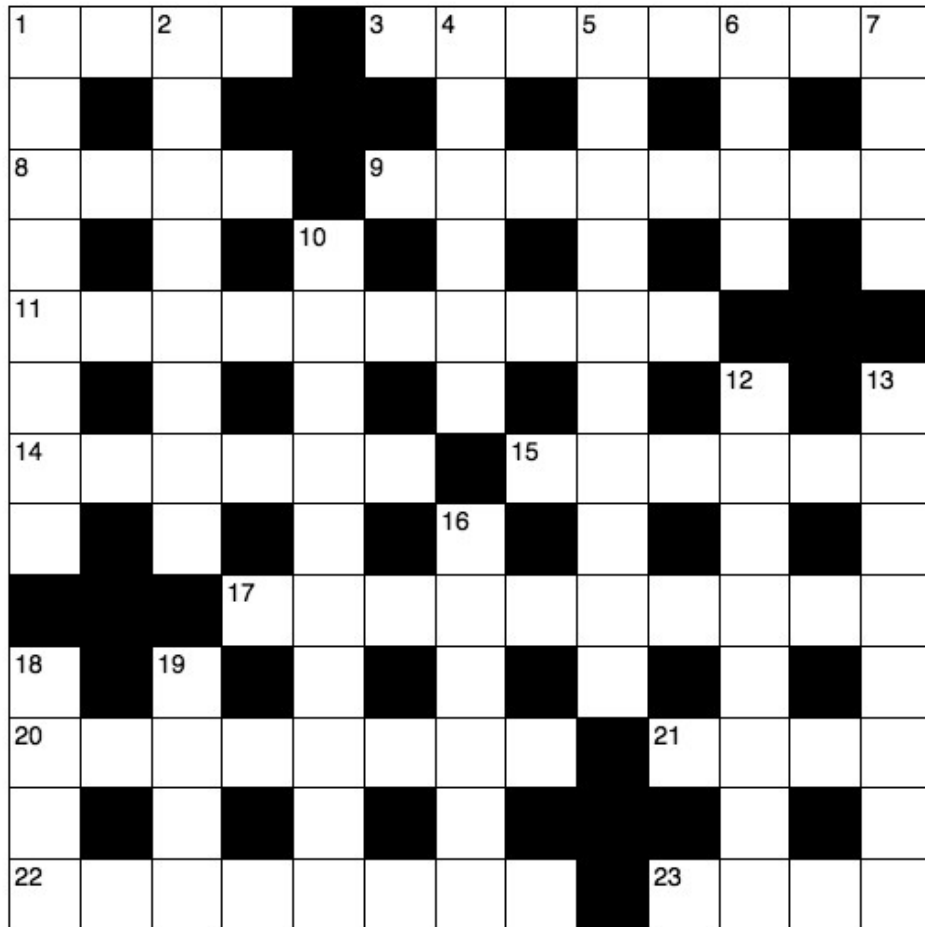
Across

- 1 'Again Peter denied it, and at that moment a — began to crow'
(John 18:27) (4)
- 3 Fetters (Job 33:11) (8)
- 8 Perform on a musical instrument (1 Samuel 16:23) (4)
- 9 Paul describes it as 'the third heaven' (2 Corinthians 12:2–4) (8)
- 11 Loyally (Deuteronomy 11:13) (10)
- 14 Hens? Me? (anag.) (6)
- 15 Not visible (Matthew 6:6) (6)
- 17 Predicted site of the final great battle (Revelation 16:16) (10)
- 20 Jacob's youngest son (Genesis 35:18) (8)
- 21 One of Zophar's eleven sons (1 Chronicles 7:36) (4)
- 22 For example, London, Paris, Rome (8)
- 23 United Society for the Propagation of the Gospel (1,1,1,1)

Down

- 1 Favourite church activity: Fellowship round a — — — (3,2,3)
- 2 Divinely bestowed powers or talents (8)
- 4 Pile together (1 Thessalonians 2:16) (4,2)
- 5 Commanded to justify (John 8:13) (10)
- 6 Timothy's grandmother (2 Timothy 1:5) (4)
- 7 Killed (Psalm 78:34) (4)
- 10 One of Graham Kendrick's best-known songs, — — King (3,7)
- 12 Indecency (Mark 7:22) (8)
- 13 Unceasing (Jeremiah 15:18) (8)
- 16 He prophesied 'the abomination that causes desolation'
(Matthew 24:15) (6)
- 18 British Board of Film Classification (1,1,1,1)
- 19 Pans (anag.) (4)

JANUARY CROSSWORD



ALL IN THE MONTH OF JANUARY

It was:

200 years ago, on 27th and 30th Jan 1820 that Antarctica was discovered. A Russian expedition sighted the Fimbul Ice Shelf, but not land. Three days later a captain in the British Royal Navy sighted the Trinity Peninsula.

175 years ago, on 29th Jan 1845 that Edgar Allen Poe's poem *The Raven* was first published, in the New York Evening Mirror.

125 years ago, on 12th Jan 1895 that the National Trust was founded (as the National Trust for Places of Historic Interest or Natural Beauty).
100 years ago, on 16th Jan 1920 that Prohibition began in the USA, as the 18th Amendment went into effect.

80 years ago, on 8th Jan 1940 that food rationing began in Britain (bacon, butter and sugar).

75 years ago, on 2nd Jan 1945 that the British RAF and US Army Air Force bombed the city of Nuremburg, destroying 90% of its medieval centre within one hour.

Also 75 years ago, on 16th Jan 1945 that Adolf Hitler took up residence in the Fuhrerbunker, a subterranean bunker complex in the garden of the Reich Chancellery in Berlin. It became the headquarters of the Nazi regime until Hitler committed suicide there in April.

Also 75 years ago, on 26th – 27th Jan 1945 that the Soviet Red Army liberated Auschwitz concentration camp in southern Poland. It was the largest Nazi concentration camp, and at least 1.1 million prisoners died there.

70 years ago, on 23rd Jan 1950 that the Israeli Knesset declared Jerusalem the capital of Israel.

Also 70 years ago, on 26th Jan 1950 that India became an independent republic. President Rajendra Prasad replaced King George VI as head of state. This day is now marked as Republic Day in India.

65 years ago, on 25th Jan 1955 that the world's first atomic clock was unveiled by scientists at the National Physical Laboratory in the UK. It measured time by counting the vibrations of cesium-133 atoms. It was accurate to one second every 300 years.

50 years ago, on 11th Jan 1970 that Richmal Crompton, best known for her *Just William* stories, died.

Also 50 years ago, on 22nd Jan 1970 that the Boeing 747 'Jumbo Jet' went into service on its first regularly scheduled commercial flight, from New York to London.

Also 50 years ago, on 26th Jan 1970 that the album *Bridge Over Troubled Water* by Simon and Garfunkel was released.

30 years ago, on 31st Jan 1990 that Russia's first McDonald's fast-food restaurant opened in Moscow. It is said that 30,000 hamburgers were sold the first morning.

25 years ago, on 3rd Jan 1995 that the World Health Organisation reported that the cumulative total of reported AIDS cases had passed the one million mark, with cases reported in 192 countries. With unreported cases included, the total was estimated to be approximately 4.5 million.

20 years ago, on 1st Jan 2000, the calendar switched over to the year 2000, with no major computer problems from the so-called Y2K 'Millennium Bug'.

Also 20 years ago, on 31st Jan 2000, British family doctor Harold Shipman was jailed for life for murdering 15 of his patients. He is thought to have killed at least 215 patients, making him Britain's worst-ever serial killer.

10 years ago, on 4th Jan 2010 the Burj Khalifa in Dubai opened. It is the world's tallest structure, at 2,722 feet (829.8 metres).

Also 10 years ago, on 12th Jan 2010 that the Haiti earthquake killed at least 100,000 people, and devastated the capital, Port-au-Prince.

WHAT ABOUT THE GOLD, FRANKINCENSE AND MYRRH?

The story of the coming of the Magi grew in the telling. By the 6th century they had acquired names: Gaspar, Melchior, and Balthasar. By medieval times they were considered to be kings. Whoever they were, we do know from Matthew that they brought three gifts to Jesus.

What about their gifts of gold, frankincense and myrrh? While we cannot know for sure what was in the minds of first century Magi, one Victorian scholar has offered a possible explanation as to the significance of their gifts. He was the Rev John Henry Hopkins, an American Episcopalian minister, who in 1857 wrote his much-loved Christmas carol, 'We Three Kings of Orient Are'.

Gold, said John Henry Hopkins, was a gift that would have been given to a king. Frankincense had traditionally been brought by priests as they worshipped God in the Temple. Myrrh was a spice that the ancients used in preparing bodies for burial.

If that is true, then you could say that the Wise Men, in choosing their gifts for this infant, honoured Jesus with gold because He was King of the Jews, with frankincense because He was to be worshipped as divine; and with myrrh, because He would also become a sacrifice and die for His people.

The Wise Men were the very first gentiles ever to worship Jesus. What faith they had! They travelled for months over difficult terrain, they never saw any evidence of Jesus' kingship, His divinity or His sacrificial death. They worshipped Him through faith in God's promises about Him. Isaiah foresaw this response to Jesus: 'Nations will come to your light, and kings to the brightness of your dawn.' The Magi's eyes of faith saw clearly and far into the future.

Compare that with the High Priest and religious leaders whom the Wise Men saw in Jerusalem when they first arrived. These head priests knew all about the prophecies of their own coming Messiah, but NOT ONE Jewish religious leader travelled to look for Him in Bethlehem. And it is only six miles down the road!

HOW TO HAVE A HAPPY AND LEGAL NEW YEAR!

Do you get into a muddle at times? Then here is an important New Year's Resolution for you: this year, have a calendar and record important dates such as when to renew your TV licence, insurances, road tax (car excise duty) and MOT test. Yes, I know you get a reminder, but sometimes things can get missed.

Check if you have legal insurance and what it covers. If you have home contents insurance, it may cover any legal expenses. This might save you a lot of money if you need advice.

What would happen to you if you cannot make decisions for yourself or you die? You should also consider making or changing your will.

If you are thinking about having some work done, choose the contractor carefully. Ask neighbours or friends who they would recommend. Read the advertisements in the parish magazine. Ask contractors for references. Check trade or other qualifications. Get estimates in writing with an agreed date for the work to start and when it will be completed.

Confirm important things in writing or email.

Think about security, not just locks on doors and windows but online security. What information about you is 'out there'? If you publish photos of your family, birthdays and when you go away on holiday, think again. Speak to someone who knows about being safe. Do not give out your personal information to anyone, if in doubt. If something sounds too good to be true... well, you know the rest!

Have a safe place to store stuff such as guarantees and receipts for important purchases. If you lost your wallet, house keys or phone what would you do?

If things are not right about where you live, ask questions and complain if necessary. Do something positive for the community. Consider doing a litter pick once a month, or even organise a mass litter pick. Attend local meetings of your parish or town council. Find out what needs doing. And help to do it! Happy 2020!

WARMLEY PLAYERS

Present their 2019 Pantomime

at Warmley Community Centre



BY BEN CROCKER

Wednesday-Sunday

January 15th-19th

Evenings at 7.30pm

Saturday & Sunday

Matinee performances at 2pm

Tickets £8; Concessions £6

(Concessions are under 18 and over 60 years of age)

Box Office – 07564 097191

A LITTLE HUMOUR!

Are you taking a mid-winter break?

If you are preparing to take off for foreign climes, do keep an eye out for signs that have English words... but perhaps not an English meaning! In hotels and train stations and airports all over the world there are polite little signs that will bring a smile to the lips of even the most exhausted traveller. For instance, how about these*:

Switzerland: We have nice bath and are very good in bed.

Romania: The lift is being fixed for the next day. During that time, we regret you will be unbearable.

Russia: If this is your first visit to the USSR, you are welcome to it.

Italy: If service is required, give two strokes to the maid and three to the waiter.

Spain: Our wine list leaves you with nothing to hope for.

Denmark: In the event of fire, open a window and announce your presence in a seemly manner.

Canary Islands: If you telephone for room service you will get the answer you deserve.

Have you spotted any signs that mistranslate English? If so, please tell the editor, and we will publish them ...

**From 'Lost in Translation: Misadventures in English Abroad' by Charlie Croker (Michael O'Mara Books, £9.99)*

Quick

A young husband was in big trouble when he forgot his wedding anniversary. His wife told him, "Tomorrow there better be something in the driveway for me that goes from zero to 200 in two seconds flat". The next morning the wife found a small package in the driveway. She opened it and found brand-new bathroom scales.

Weighed down

After the Christmas and New Year festivities, the wife gingerly crept onto her bathroom scales to weigh herself. She pulled a sad face. Her husband asked: "What's the matter? Are you overweight?"
"Well, not if I was six inches taller."

WHO'S WHO

VICAR	The Rev. Jeremy Andrew The Vicarage Church Avenue	9672724
CURATE	The Rev. Susie Bishop 100 North Road, Stoke Gifford	07415 831488
HON. CURATE	The Rev. Jillianne Norman 74 Blackhorse Road, Mangotsfield	9561551
LAY MINISTERS	Mr. Leslie Willcox 29 Neville Road, Kingswood	9405086
	Mr. John Sibley 94 Cock Road	9679478
CHURCHWARDENS	Mrs. Sheila Price 23 Albany Way	07975 671976
	Miss Margaret Fletcher	9616629
TREASURER	Mr. Phillip Heap 15 Samuel White Road, Hanham	07974 008259
PCC SECRETARY	Mrs. Fiona Rogers	07714 100092
STEWARDSHIP SECRETARY	Mr. Leslie Willcox 29 Neville Road, Kingswood	9405086
CHURCH FLOWER ORGANISER	Mrs. Pamela Draper 15 The Keep, North Common	9326276
MAGAZINE EDITOR	Mr. Brian Draper 15 The Keep, North Common	9326276
HALL BOOKING	Mrs. Terri Lavis 28 Stockton Close	9327039
SAFEGUARDING OFFICER (CHILDREN)	Miss Margaret Fletcher	9616629
SAFEGUARDING OFFICER (VUNERABLE ADULTS)	Mrs, Helen Willcox	9405086

ACTIVITIES (around Warmley)

BEAVERS, CUBS, SCOUTS, BROWNIES AND GUIDES

Each group meets at the Scout H.Q., London Road

BEAVERS (age 6-8 years), Meet Fridays, 6.30pm to 7.30pm
N.B. It is advisable to put the boy's name on the waiting list at 4 years old.
Contact: R. Pace on 932 8498

CUBS Meet Thursdays 6.45pm to 8.15pm

SCOUTS Meet Tuesdays 7.15pm to 9.15pm

GUIDES Meet Mondays
Guide Leader: Mrs. Elaine Roch Tel: 937 3153

BROWNIES (24th Kingswood) age 7-10 years
Meet on Mondays
Leader: Sarah Alder Tel: 947 8997
It is advisable to put the girl's name on the waiting list at 5 years of age.

COMMUNITY CENTRES:

North Common - Secretary: Mrs. Carol Fowler Tel: 9602999
Warmley - The Administrator: Tel: 9674282
Email: warmleycentre@btconnect.com

ORCHESTRA The Cameo Orchestra rehearse in Church on Tuesdays from 7.45pm-9.45pm
String and brass players above Grade 5 always welcome
Contact: Denise Clark on 0117 9497864

PILATES Oldland Community and Youth Centre, High Street, Oldland
Beginners Tuesdays 6.15-7.15pm
General Class Tuesdays 7.30pm-8.30pm
Contact: Elly Nashat on 07790 598309
Email: ellynashat@gmail.com

OLDLAND BRASS QUINTET Music for your Garden Party or Fete.
Contact Bob or Terri Lavis on 932 7039
or email lavis28@btinternet.com

LADIES' FRIENDSHIP GROUP: meetings are held on 3rd Monday of every month at the Warmley Community Centre at 3.30pm.
Secretary: Mrs. Margaret Brown 9613401

ACTIVITIES (Church based)

BELLS Practice: Every Wednesday in the Belfry from
7.30pm-9pm
Captain: Mr. D. Wilkins-Smith - Tel: 9676226

CHOIR Newcomers always welcome.
Contact: Shaun Weeks Tel: 9605206.

RISE AND SHINE
Meet 1st Sunday of each month in Church
Contact: Fiona Rogers on 07714 10092